



Join Monaliiku crew as a volunteer!



Do you want to help others and gain working in a multicultural setting? If your answer is yes, join our Monaliiku crew! Our aim is to increase the well-being of multicultural women. You can join one of our sport groups or Fit4Life project. We operate in Helsinki, Espoo and Vantaa.

Voluntary work is important and meaningful, in which you gain a lot of good experiences. A volunteer can work as a sports instructor, caretaker of children, blog writer, help in health check-ups or arrange other activities and events. We can plan your tasks individually.

Interested? Contact us!

Katri Pöllänen

0503834653

katri.pollanen@monaliiku.fi

<https://www.monaliiku.fi/monaliiku-about-us>

[/vapaaehtoistyö-voluntary-work/](https://www.monaliiku.fi/vapaaehtoistyö-voluntary-work/)

For further information about us visit

www.monaliiku.fi

<https://www.facebook.com/Monaliiku/>

